



Hamstel Junior School

PE Curriculum Overview

Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year 3											
Cross Country	Fundamentals and Ball Skills	Sports Hall Athletics	Netball	Gymnastics		Basketball	Hockey	Athletics	OAA	Tennis	Cricket
OAA		Ball Skills		Tag Rugby				Dance			
Year 4											
Cross Country	Hockey (MUGA)	Sports Hall Athletics	Gymnastics	Table Tennis		Tag Rugby	Dance Production	Athletics	Basketball	Dance	Cricket
Swimming (3 weeks)	OAA	Hockey		Netball	Bikeability Level 1		Netball	OAA			
Year 5											
Cross Country	Tag Rugby	Sports Hall Athletics	Dance Production	Table Tennis		Netball	Gymnastics	Athletics	Basketball	Cricket	Tennis
Swimming (3weeks)	OAA	Tag Rugby		Hockey				OAA			
Year 6											
Cross Country	Hockey	Sports Hall Athletics	Netball	Gymnastics		Dance	Athletics	Badminton	Cricket	Rounders	Dance Production
Basketball		Hockey		Netball	Bikeability Level 2					OAA	

