



## The PGL Centre Grosvenor House

**Sunday 8<sup>th</sup> June to Wednesday 11<sup>th</sup> June 2025**

*The following information can also be found on the school website*

### Departure

Please be at the school at 11:45am as we are aiming to leave by 12:15pm on Sunday 8<sup>th</sup> June. *If your child is unwell over the weekend and will not be able to join the trip, please use the following number (not the school office number) to inform us on the Sunday morning between 10:00am and 11:00am: 07539554368*

The coaches will be in the car park next to the Jubilee Dining Hall. Please leave your child's holdall or small case with the school staff in the car park so they can be placed on the appropriate coach **before your child reports to the Centenary Hall**. *Please note, we ask parents not to use the staff car park when dropping off or picking up.*

Your child will then need to register with either Miss Eldridge (Blue group – 6E, 6Du and some of 6A) or Mrs Smale (Green group - 6S, 6D and some of 6A) in the school hall. *All children need to register on arrival at school to ensure we have everyone and to avoid a late departure.*

Children should eat an early lunch before arriving at school. They may bring a small snack and drink to have when we arrive at Grosvenor House (children should not bring any other food with them on the trip). We expect to arrive at the PGL centre at around 2:00pm on Sunday afternoon.

### Location

The PGL Centre

Grosvenor Hall

Kennington

Ashford

TN25 4AJ

### Emergency Contact

In the case of an emergency during school hours, please contact the school; out of school hours, please use the following number: 07539554368

Please only contact us in the case of an emergency. The children will not be allowed to phone home during their stay.

### Return

We are aiming to return to Hamstel School at around 4:00pm on Wednesday 11<sup>th</sup> June. You'll receive a text message after 2:30pm on the Wednesday afternoon to let you know whether we are on schedule. Parents should wait on the school playground for their child (not in the car park) – access to the playground will be via the green gate as usual.



# Confidence Resilience Life Skills

## Kit List

All items should be packed in a holdall or small case that your child can carry. Please ensure their bag is clearly labelled with their name and HJS on the **outside**.

### Clothes and Footwear

- ◆ Long sleeved t-shirts and trousers - these are required for most activities - *old clothes are recommended*
- ◆ Shorts for if it's very hot – these **must** be below the knee
- ◆ Two warm jumpers / sweatshirts
- ◆ For Nightline – old clothes which may get muddy
- ◆ Enough socks and underwear to last for 4 days
- ◆ Trainers (children should wear a pair of trainers for the journey and pack a spare pair)
- ◆ Light pyjamas (it gets hot in the rooms) and slippers
- ◆ Light dressing gown / something to put on after showering
- ◆ **A waterproof jacket**
- ◆ **A hat**

### Essential Items

- ◆ Two towels (no towels are provided)
- ◆ One small case or holdall to fit everything in
- ◆ Toiletries - including toothbrush, toothpaste, soap, shampoo, roll-on deodorant (no aerosols)
- ◆ Hair tie for long hair
- ◆ **Sun cream and sun glasses**
- ◆ **A named water bottle** - children have access to water all day. In exceptional circumstances, your child may bring a small Robinsons Squash'd (or equivalent) to flavour the water
- ◆ Two large plastic bags for dirty washing



*All protective gear for activities will be provided by PGL*

### Hamstel Leavers' Hoodie (optional)

Hamstel Leavers' Hoodies are now available to buy from [Brand Identity](#) if you would like your child to have one to wear whilst on the school trip. The children will still receive a Leavers' t-shirt at the end of the year from the PTA with every year 6 child's name on it.

*There is no requirement to buy a hoodie, but they are available for those parents who would like one for their child.*



## Medication

- ♦ Medication must be given to Mrs Kipp (Blue Group – 6E, 6Du and some of 6A) or Mrs Gomes (Green Group - 6S, 6D and some of 6A) on the day of departure. **Anyone with asthma must have two inhalers for the trip (inhalers kept in school can be taken home at the end of the day on Friday the 6<sup>th</sup> June).** Prescribed medication must be clearly labelled with your child's name and the dosage and be in its original packaging. Please do not cut into a strip of tablets – the whole strip must be intact. Any non-prescription bottled medicine must be in an unopened bottle.
- ♦ **Medical forms need to be completed for both prescription and non-prescription medicines.**

Children should **not** keep their own medication – it **must** be handed to an adult before departure.

## Other items

- ♦ A watch (children will not be allowed to wear it for any activity)
- ♦ A quiet game that your child can play with others in their room e.g. travel chess, cards etc
- ♦ Pocket money (optional) – up to £6 for small presents / souvenirs etc. Children won't be able to buy sweets or drinks; they will be responsible for their own money.

***Everything must be marked clearly with both your child's and the school's name***

## For the Journey

Items should be in a separate bag to your child's main holdall or suitcase (a small rucksack or their school bag is ideal)

- ♦ A pen and pencil
- ♦ Quiet activities or games (reading books, puzzle books, travel chess etc)
- ♦ Travel sickness pills should be taken before arriving at school on the Sunday
- ♦ **Children should travel in clothes suitable for activities**
- ♦ A small snack to eat when we arrive at Grosvenor Hall

## What NOT to take

- ♦ Jewellery
- ♦ Make up
- ♦ Hair gel
- ♦ Sprays e.g. deodorants, perfumes etc
- ♦ Any electrical device
- ♦ Mobile phone
- ♦ Tablet / iPad etc
- ♦ Camera

# Trip Details

## Example itinerary

Sunday										
			11:45pm	12:15pm	2:00pm	4:00pm	5:30pm	7:45pm (Evening Activity)	9:00pm	9:45pm
37			Arrive at school – register with staff	Journey to Kingswood	Arrive at Kingswood – tour of the site 3:15pm	Buggy Build	Dinner time	Campfire	In rooms – getting ready for bed	Lights out
38					Unpack and make beds	Buggy Build				
39						Bushcraft – shelter building				
40						Bushcraft – shelter building				
41						Archery				
42					Archery					
Monday										
	7:45am-	9:15am	10:45am	From 12:30pm	2:30pm	4:00pm	5:30pm	7:45pm	9:00pm	9:45pm
37	Getting up and breakfast	Archery	Bushcraft – Shelter Building	Lunchtime	Leap of Faith	Nightline	Dinner time and visit to the shop	Scrapheap Challenge	In rooms – getting ready for bed	Lights out
38		Bushcraft – shelter building	Archery		Leap of Faith	Nightline				
39		Orienteering	Fencing		Archery	Leap of Faith				
40		Orienteering	Fencing		Archery	Leap of Faith		Quiz		
41		Fencing	Nightline		Bushcraft – shelter building	3G Swing				
42		Fencing	Nightline		Bushcraft – shelter building	3G Swing				
Tuesday										
	7:45am-	9:15am	10:45am	From 12:30pm	2:30pm	4:00pm	5:30pm	7:45pm	9:00pm	9:45pm
37	Getting up and breakfast	Fencing	Problem solving	Lunchtime	Jacobs Ladder	Bushcraft – Fire lighting	Dinner time	Quiz	In rooms – getting ready for bed	Lights out
38		Fencing	Problem solving		Jacobs Ladder	Bushcraft – Fire lighting				
39		Problem Solving	3G Swing		Buggy Build	Nightline				
40		Problem Solving	3G Swing		Buggy Build	Nightline		Scrapheap Challenge		
41		Jacobs Ladder	Buggy Build		Bushcraft – Fire lighting	Problem solving				
42		Jacobs Ladder	Buggy Build		Bushcraft – Fire lighting	Problem solving				
Wednesday										
	7:45am-	9:15am	10:45am	From 12:30pm	1:45pm	4:00pm				
37	Getting up and breakfast	3G Swing	Orienteering	Lunchtime	Coach Journey Home	Children due back at school				
38		3G Swing	Orienteering							
39		Bushcraft – Fire lighting	Jacobs Ladder							
40		Bushcraft – Fire lighting	Jacobs Ladder							
41		Orienteering	Leap of Faith							
42		Orienteering	Leap of Faith							

## Meals

Children will be served breakfast, lunch and dinner buffet style each day (except on the days we arrive and leave – see below). Meals are served in a communal dining room where there is always a choice of hot and cold dishes, a vegetarian selection and a fresh salad bar.

*Sunday – children will be given a hot dinner.*

*Wednesday - children will be given breakfast and lunch.*

## Sample Menu

### Breakfast

*Various cereals, semi-skimmed milk, fruit, choice of yoghurts, white & brown toast, grilled bacon, grilled tomatoes and beans.*

### Lunch

*Freshly baked sausage rolls, spicy Cajun chicken, cheese and onion pasties, freshly baked jacket potatoes, baked beans, grated cheese, chipped potatoes, sweetcorn and garden peas.*

### Dinner

*Homemade lasagne, Toad in the Hole, macaroni cheese, sauté potatoes, sliced green beans, cauliflower and syrup sponge and custard.*

# Accommodation

Grosvenor House has a range of accommodation – some rooms are ensuite whilst others have communal bathrooms (single-sex). *Accommodation is allocated to schools two weeks before departure.* Staff rooms are interspersed between the children's bedrooms.

Children will have a small space to store their belongings.

The children are provided with duvets, pillows and bedding. Beds need to be made when we arrive and stripped before we leave so the children will need to know how to change their bedding!



## Key Information

- Departure: 12:15pm on Sunday 8<sup>th</sup> June **(be at school at 11:45am)**
- Return: Wednesday 11<sup>th</sup> June (approx. 4pm)

If you have concerns or questions, please speak to your child's class teacher in the first instance.

Yours sincerely

Ms Hall

Deputy Headteacher





# **Year 6 Residential Trip**

**The PGL Centre  
Grosvenor House  
Kent**

**Sunday 8<sup>th</sup> to Wednesday 11<sup>th</sup> June 2025**

**Information for Parents and Carers**



**Hamstel Junior School**  
Excellence in Everything