



29th September 2026

NSPCC's 'Speak out. Stay safe' Programme

Dear Parent/Carer,

I am pleased to inform you that we will be participating in the **NSPCC's Speak out. Stay safe programme** again this year. *Speak out. Stay safe.* is a programme for children aged 5-11, which aims to help them understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of an age-appropriate virtual assembly, supporting classroom-based activities and a workshop led by a volunteer from the NSPCC. The content will be delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

Please let the school know if your child has experienced anything (in the past or currently) which may mean they need extra support before, during or after taking part in this programme.

If you would like to know more about the *Speak out Stay safe* programme visit www.nspcc.org.uk/speakout.

Feedback Survey

The NSPCC would like to gather feedback about the *Speak out. Stay safe* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focus on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, please complete the [NSPCC survey online form](http://www.nspcc.org.uk/survey) by Friday 25th September.
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

Additional NSPCC resources for families to help keep children safe

Please see below for resources produced by the NSPCC in how to support in helping to keep children safe online.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

<http://www.nspcc.org.uk/activities>



Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/online-safety

Childline – under 12s

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy (5-7)

www.childline.org.uk/kids (7-11)

I hope you find this information about the NSPCC and the *Speak out. Stay safe* programme helpful. Please do contact me if you have any further questions.

Yours sincerely

Mrs Farrell

Headteacher