



MENU – WEEK 1

MONDAY

MAIN	Beef Bolognaise with Spaghetti
VEGETARIAN MAIN	Spinach & Pesto Sauce with Spaghetti
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Broccoli & Sweetcorn
SANDWICHES 1	Chicken Mayonnaise Baguette
SANDWICHES 2	Cheese Salad Wrap
DESSERT	Chocolate Sponge

TUESDAY

MAIN	Chicken Tikka Curry with Steamed Rice
VEGETARIAN MAIN	Vegan Bombay Chickpea Burrito
PASTA OR JACKET	Pasta with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Cauliflower
SANDWICHES 1	Ham Sandwich
SANDWICHES 2	Cheese & Tomato Bloomer
DESSERT	Vanilla Ice Cream

WEDNESDAY

MAIN	BBQ Style Hunters Roast Chicken with Roast Potatoes & Gravy
VEGETARIAN MAIN	Mac N' Cheese with Garlic Bread
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Carrots & Seasonal Greens
SANDWICHES 1	Tuna & Sweetcorn Baguette
SANDWICHES 2	Cheese Sandwich
DESSERT	Banana Flapjack

WEEK 1:

5TH JAN, 26TH JAN, 16TH FEB, 9TH MAR, 30TH MAR, 20TH APR, 11TH MAY, 1ST JUN,
22ND JUN, 13TH JUL, 31ST AUG, 21ST SEPT, 12TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

THURSDAY

MAIN	Chilli Beef Taco with Cajun Sweet Potato Wedges
VEGETARIAN MAIN	Vegetarian Chilli Taco with Cajun Sweet Potato Wedges
PASTA OR JACKET	Pasta with Squash & Tomato Sauce
TO GO WITH	Roasted Carrots & Sweetcorn
SANDWICHES 1	Tuna Mayo Sandwich
SANDWICHES 2	Cheese Salad Wrap
DESSERT	Iced Lemon Cake with Sprinkles

FRIDAY

MAIN	Fish Fingers , Chips & Ketchup
VEGETARIAN MAIN	Baked Crispy Vegetable Fingers & Garlic Mayo Wrap with Chips
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Baked Beans & Peas
SANDWICHES 1	Ham Sandwich
SANDWICHES 2	Egg Mayo Baguette
DESSERT	Maryland Cookie

ALSO AVAILABLE EVERY DAY

Pabulum Salad Bar
Wholemeal Bread
Courgette & Tomato Bread

Fresh Fruit
Yoghurt
Jelly

BM1HAMSTEL
JANUARY 2026

