



12th June 2026

Relationships and Sex Education For Year 6 pupils

Dear Parent/Carer,

This term in science and PSHE, year 6 will be covering relationships and sex education (RSE).

We will be revisiting the following areas that were covered in year 5:

- How the body changes during puberty
- Menstruation
- Wet dreams

We will also be covering the year 6 elements of the curriculum:

- How babies are made: sexual intercourse, assisted fertility and multiple births
- Keeping safe: good and bad touch, and people who can help me
- Gender stereotypes: discrimination and equal opportunities

Following initial sessions involving class discussions with their teacher, the children will be split into gender groups to allow them to ask any questions they may have without feeling awkward. The boys' sessions will be led by a male teacher with the girls' sessions led by a female teacher.

Whilst parents do not have the right to withdraw their child from the relationships or science elements of the lessons, you do have the right to withdraw your child from the sex education elements, which will take place during the week beginning Monday 22nd June.

Requests for withdrawal should be made in writing and addressed to the headteacher by Thursday 18th June.

Yours sincerely

Mrs A Dunn

Head of Year 6

