



Thursday 8<sup>th</sup> February

## Swimming

Dear Parent/Carer,

Your child's class will be swimming for the second half of the year (after the February half term) with lessons starting **from Thursday 29<sup>th</sup> February**.

### Swimming Days

Day	Class
Tuesday	3D and 3R
Wednesday	3L and 3P
Thursday	3H

Your child will need a **swimming hat, one piece swimming costume \ tight fitting trunks and a towel in a swimming bag**. Please ensure every item of clothing is clearly labelled. Please can you also make sure that your child has a brightly coloured hat (not red as these are for children with medical conditions). Your child's name should be clearly written on the outside of the hat. *Hats can be ordered via ParentPay at a cost of £2.50.*

We believe that swimming is an essential life skill and has many mental, physical and social benefits. It is particularly important that all of our children learn to swim as we are lucky enough to live so close to open water.

The aim will be for the children to complete one level of the *School Swimming and Water Safety Awards* each year. They will also work towards their distance badges of 5 metres, 10 metres, 15 metres, 20 metres and 25 metres. Further information about the awards can be found on the [school's website](#), or on the [Swim England website](#).

Hamstel Schools are extremely fortunate to have our own pool. We do, however, rely on parental contributions to run the pool for the benefit of our children. The cost of swimming this year is **£25** which should be paid via [ParentPay](#).

Thank you for your support.

Please contact the school if you have any questions.

Thank you

Hamstel School Swim Staff