



## Domestic Abuse

**SOSDAP: SOS Domestic Abuse Project 01702343868**

National Domestic Abuse Helpline 0808 2000 247

**Southend Borough Council, Early Help and Family Support Team** is a professional and voluntary service which is there to support families in many areas of their lives. These can include: parenting advice and support, trauma, domestic abuse, emotional, mental and physical well-being, housing, and signposting to additional services etc.

**Early Help and Family Support Team:** An Early Help Family Support Assessment (EHFSA) can be completed with you and your child by any service or setting that you already have contact with i.e. child's pre-school, nursery, school, children's centre, Health Visitor, GP or you can self-refer by contacting 01702 215783.

**St Lukes Community Hub (Cluny Square):** Community hub is accessible to those who require support in many key areas.

**Email:** [stlakeshub@southend.gov.uk](mailto:stlakeshub@southend.gov.uk).

<https://www.facebook.com/Stlukescommunityhub/>

**If you are concerned about someone's safety please contact 101 or 999 in an emergency.**

**If you are worried about the safety of a child please contact 999, the NSPCC, Southend MASH Team or Children's Social Care out of hours service.**



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