Creating Your Own Roman Costume

We really don't want you to spend any money on this special day so we have listed some ideas below to help you.

The Romans mostly wore a toga which included a belt and red sash on top of a tunica (a dark t-shirt)

How to turn a T-Shirt into a Toga

Step 1- Cut off the sleeves from an adult XL white t-shirt using a pair of scissors.
Dress your child in this t-shirt to form a tunic.

Step 2- Wrap a cotton fabric belt around their waist. Tie it in a double knot in the front to secure. The tunic should sit about knee level.

Step 3– Drape a red scarf from one shoulder (to be worn like a sash)

For more inspiration on how to make a toga, simply search: 'How to make a Roman toga.' in your web browser.







Your child's Roman costume can also be accompanied by a prop representing something which would have been used during the Roman period.

Suggested props:

A gold leaf headband

- This can be created by using a head band and sticking on yellow leaves

A sword

- This can be created using cardboard and tinfoil

Be as creative as you like!